

Disclaimer

Contents of poetry may be unstable:
If in doubt,
Always read the label.

This piece contains seeds
And a high concentration
Of juice
Freshly squeezed
From a rare fruit:
Please do not dilute.

The writer reserves the right to incite rhyme
And serve sentences:

If you are sensitive
To metaphor
Or averse to a verse
Containing alliteration
Pertaining to
Perceptions and perspectives –
Prompted by
Politics,
Poverty,
Prejudice,
Property,
Personal Problems,
Private parts,
People,
Pronouns
Or Pets,
Please adjust your mindsets.

This poem is a catalyst,
Created to cultivate a meditative state:
Mind the gap between the page
And the brain –
Contents may settle in transit
Please Wait - then listen again.

This poem contains subordinate clauses:

Exercise caution with pauses –
Especially when pregnant.

Do not consume crisps while 'listening'
Or operate heavy machinery
Under the influence of poetry:
You might miss something.

Poems containing powerful emotions
May lead to contemplation.
Symptoms of Contemplation
Include prolonged periods of pondering...
Life,
Its purpose –
What goes on beyond the surface;
Wondering...
What you need to stand under,
To understand
Questioning -
Theories of God and Religion,
The Universe, The Multiverse -
This verse...

Ignorant bliss can be good for your health:
If questions persist,
Have a word with yourself.

Do not dispose of this poem:
This poem will not de-compose;
Keep within reach of your children –
Continue increasing the dose.

5 – 7 – 5

x 4

A Poem doesn't
Need to be long to belong:
Just make the word count.

2

In micro doses
Haiku aids concentration:
Depth is deceptive.

3

Bubbles in puddles
Reveal the swimming creature
“Wow!” cries the teacher.

4

The more we explore
The more in awe we will be:
Come, wander with me.